

# Donation Food List

## List of top healthy donation items wanted for the Jonnycake Market

- Canned fruit in 100% juice
- Natural peanut butter (regular & unsalted)
- Whole grain crackers & pastas
  - “Whole wheat” or other “whole grain” listed as 1st ingredient
- Whole grain cereal
  - “Whole wheat”, “whole grain oats” or other “whole grain” listed as 1st ingredient
  - No more than 6 grams sugar per 1 ounce OR 8 grams sugar per 1 cup serving
- Low sugar jelly (strawberry)
  - Labeled as “low sugar” OR fruit is first ingredient
- Granola Bars
- Black beans
- Kidney beans
- Baked beans
- “Low sodium” canned vegetables and other canned items
- Pasta sauce in a jar

**Please bring all donations to the following address:**

Jonnycake Center for Hope, Peace Dale  
22 Kersey Rd, Peace Dale, RI 02879

**Opening this spring!**

